

ONLINE PHILOSOPHICAL CAFÉ WITH STUDENTS (A series of webinars to be held on every Friday starting from April 25-May 23, 2025, 4.00pm-5.00pm)
organized by

Department of Philosophy, Durgapur Government College in collaboration with New Alipore College, Kolkata

Who can participate?

**Undergraduate and Post Graduate
Students of Durgapur
Government College and New
Alipore College, Kolkata**

TO BE CONDUCTED BY:
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Registrationlink:

<https://forms.gle/Pumm2X4GcfU2ynPr7>

**COME AS YOU ARE FOR DEEP LISTENING AND
PRACTICING OF PHILOSOPHICAL CARE.**

ISSUES OF THE PHILOSOPHICAL CAFÉ SESSIONS

SESSION ONE: **April 25, 2025**

DO YOUR ACTIONS MIRROR YOUR SOUL?
ARE YOU AWARE OF YOUR DEEPEST VALUES?

SESSION TWO: **May 2, 2025**

DO YOU HAVE A BODY ESTEEM?

SESSION THREE: **May 9, 2025**

WELL-BELONGING IN THIS SOCIETY

SESSION FOUR: **May 16, 2025**

ON EXHAUSTION AND BURNOUTS

SESSION FIVE: **May 23, 2025**

WHY IS IT DIFFICULT TO FIND A HIGHER
PURPOSE IN TODAY'S WORLD

OBJECTIVES:

1. TO LIVE OUR HIGHEST DESTINY
2. TO BE FREE OF OUR SHADOW EXISTENCE
3. TO BE AWARE OF OUR DEEPEST VALUES
4. TO COME CLOSE TO OUR WORLD VIEWS
5. TO FIND OUR HIGHER PURPOSE

OUTCOME:

1. INSIGHT INTO OUR INNER SELF
2. INSIGHT INTO HOW TO DETOX
3. INSIGHT INTO PEACEFUL & RESPECTFUL CO-EXISTENCE
4. INSIGHT AND NON-INDULGENCE TO EXPECTATIONS
5. ENABLING TO LIVE LIFE WITH A PURPOSE TO HEAL AND CARE

ABOUT THE ONLINE SESSIONS

1. STUDENTS ARE REQUIRED TO JOIN ONLINE VIA GOOGLE MEET LINK.
2. ATTENDANCE OF EACH SESSION WOULD BE RECORDED
3. THE SESSION WILL PROCEED ON THE BASIS OF DISCUSSION AND MINI ACTIVITY .
4. EACH SESSION WOULD BE OF 45 MINUTES-1 HOUR
5. IT IS NOT NECESSARY THAT THE PARTICIPANT MUST HAVE PHILOSOPHY AS THEIR SUBJECT, EARLIER/IS CURRENTLY PURSUING.
6. STUDENTS FROM ANY STREAM MAY PARTICIPATE.
7. IT IS NOT A PHILOSOPHY CLASS.
8. STUDENTS MAY ALSO BE GIVEN TO START THE SESSION IN A FEW CASES.
9. FEEDBACK WOULD BE TAKEN VIA GOOGLE FORM IN THE CONCLUDING SESSION.
10. CERTIFICATES WOULD BE ISSUED TO PARTICIPANTS ON SUBMISSION OF FEEDBACK