

NEW ALIPORE COLLEGE

WOMEN'S CELL

ACTIVITIES OF WOMEN'S CELL (2024-26)

New Alipore College Women's Cell had undertaken and participated in various programmes and seminars during 2024 - 2026. The cell was officially named ANANDINI in a meeting in the presence of the Principal, Dr Jaydeep Sarangi, the IQAC Coordinator, Dr Dhruvajyoti Banerjee and the members of the cell. Dr Aniruddha Kar created the cell's logo.



NAC Women's Cell

ACTIVITIES OF WOMEN'S CELL (2024-25)

On March 8, 2025, "Anandini," the Women's Cell of New Alipore College, organised a comprehensive event to celebrate International Women's Day. The program was held under

the patronage of Principal Dr. Jaydeep Sarangi and aimed to honour, educate, and empower the women of our college community.

The celebration commenced with a formal felicitation of the college's lady staff members and student representatives. This segment acknowledged their invaluable contributions to the academic and administrative excellence of New Alipore College.

Dr Dolanchampa Dasgupta delivered an engaging and informative session titled "*The New Era of Women's Fitness.*" The talk focused on the evolving needs of women's health and the importance of maintaining physical and mental well-being in the modern age.

To encourage critical thinking on gender dynamics, a student debate was held on the motion: "*It is easier to be a man than a woman in society, to date.*" The session saw enthusiastic participation, with students presenting diverse perspectives on societal challenges and progress.



A significant milestone of the day was the official inauguration of 'Shakti', a 30-hour Certificate Course on Self-Defense specifically designed for girl students. This practical empowerment initiative is conducted in collaboration with the Traditional Shoto Karate Association of Bengal (Govt. Regd.). The course was attended and completed by students and the teaching staff of the Department of Environmental Science of the college.

The Women's Day Celebration 2025 successfully blended appreciation for past achievements with a forward-looking approach toward fitness and safety. Through these diverse activities, the NAC Women's Cell reaffirmed its commitment to fostering an environment of equality, intellectual growth, and physical empowerment for all female members of the institution.

Women's Cell of New Alipore College organized a special lecture on "Contemporaneous Benefaction of Jainism Towards Indian Knowledge System" in collaboration with SC ST OBC Minority Cell, Cell for Indian Knowledge System, Heritage Study Centre and IQAC. Dr Namrata Kothari, Assistant Professor in Political Science, South Calcutta Girls' College delivered an illuminative lecture on different philosophical and religious aspects of Jainism highlighting the special status of women and its importance in Indian Knowledge System. Students and faculty members across departments were benefitted by her engaging discussion.

Continuing the efforts to promote holistic well-being among students and staff, the Women's Cell of New Alipore College, in collaboration with the Cell for Fostering Wellness, the Equal Opportunities Cell, and the IQAC, organised "A Special Yoga Workshop" on December 3, 2025. The session was conducted by Smt. Moitrayee Banerjee, a distinguished Holistic Yoga & Wellness Practitioner. The workshop focused on the integration of physical postures and mental mindfulness, providing participants with practical tools to manage stress and enhance their overall health. By facilitating such sessions, the Women's Cell continues to emphasize the importance of self-care and physical fitness as fundamental pillars of women's empowerment within the academic environment.

NEW ALIPORE COLLEGE
BLOCK L, NEW ALIPORE, KOLKATA 700 053

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NAC Women's Cell

WOMEN'S DAY

CELEBRATION, 2025

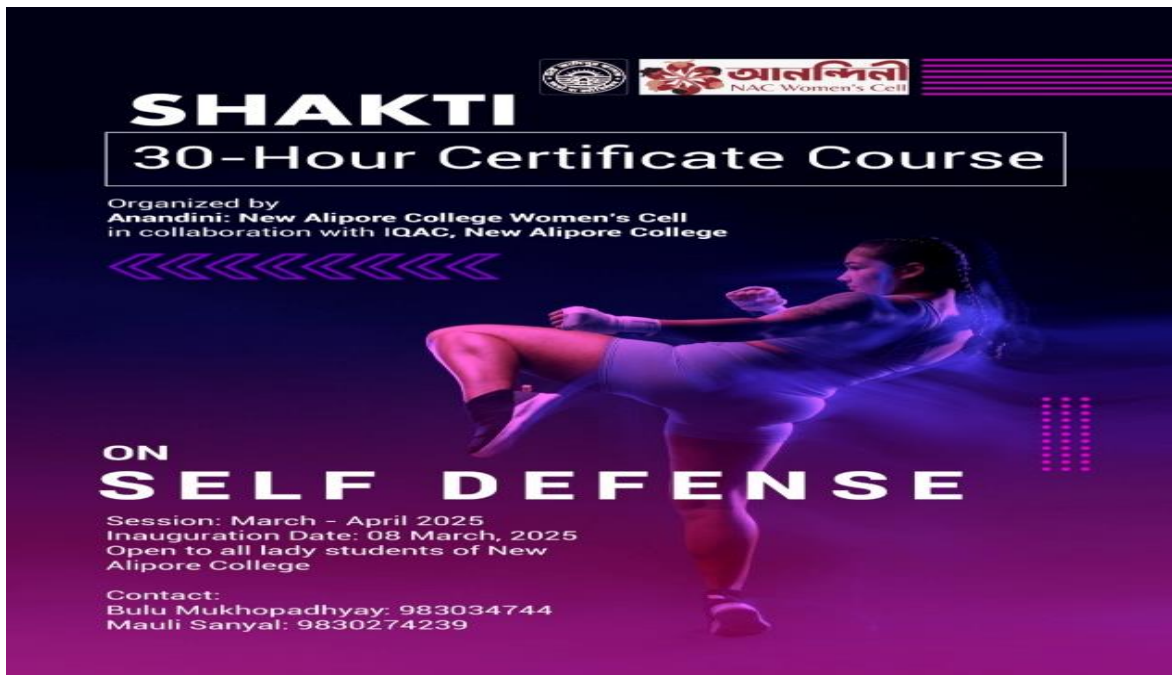
- **Felicitation** of lady staff and students' representative of New Alipore College
- **'The New Era of Women's Fitness'- A talk by Dr Dolanchampa Dasgupta**
- **Debate for students:** 'It is easier to be a man than a woman in the society, till date.'
- **Inauguration of 'Shakti':** 30 hour Certificate Course on Self Defense for girl students (Conducted by Traditional Shoto Karate Association of Bengal, Govt. Regd.).

PATRON: DR. JAYDEEP SARANGI
PRINCIPAL, NEW ALIPORE COLLEGE
VENUE: ROOM 309, NEW ALIPORE COLLEGE

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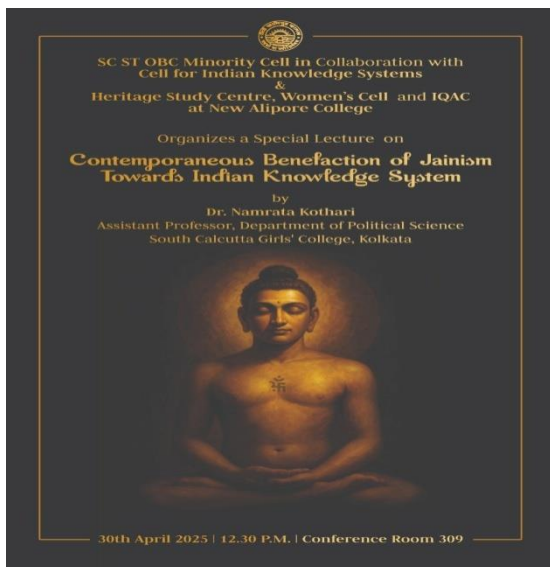
The teaching and non-teaching staff of the college were felicitated with plants.



30 hours Certificate Course on Self Defense for female students and staff of the college, conducted by the reputed Shoto Association of West Bengal in collaboration with NAC Women's Cell.



Talk by Dr Dolonchampa Dasgupta on the new era of women's fitness on 8th March, 2025.



Special Lecture by Dr Namrata Kothari on 30th April,2025

ACTIVITIES OF WOMEN'S CELL (2025-26)

Women's Day Celebrations, 2026, was initiated with a unique programme where Anandini', the Women's Cell of New Alipore College, in collaboration with the IQAC felicitated the female employees of a women-operated petrol pump situated near the Alipore Command Hospital (BP Alipore). The professors and students of the college honoured them with heartfelt gifts, including flowers, sweets, and college bags. The core objective of International Women's Day worldwide is to celebrate women's empowerment, equal dignity in the workplace, safety, and overall gender equality.


The Women's Cell of New Alipore College and Scottish Church College collaborated to organise a multifaceted event to observe International Women's Day on March 9, 2026. The programme, "A Space for Dialogue, Dignity and Decisive Thoughts," was warmly attended by students from different departments. The session began with an engrossing keynote address by Dr Sanjukta Dasgupta, a renowned Professor from the Department of English, University of Calcutta, on the theme "Claiming Equal Rights: Gender and Media Presentation." Following this, Dr Aparna Bandyopadhyay, Professor of History at Diamond Harbour Women's University, delivered a compelling speech from a historical perspective titled "Why we should celebrate women's day."

Beyond theoretical discussions and intellectual construction, the event aimed to help students grasp the true essence of Women's Day through literature, art, and daily practice, fostering enlightenment within an atmosphere of gender equality. To this end, a poster presentation titled "Hues of Female Identity" was held. The competition became vibrant with the creative brushstrokes and original thoughts of the students.

In a significant gesture to honour and recognise women in unconventional professions, the female security guards of New Alipore College were felicitated.


An open invitation was given to students of the college to pen down their thoughts on the idea of celebrating Women's Day. Their messages were displayed on the college board.

Photo Gallery-2025-26



A Special Yoga Workshop

Organized by
The Cell for Fostering Wellness,
The Equal Opportunities Cell,
Women's Cell and IQAC
New Alipore College



Session Conducted by
Smt. Moitrayee Banerjee, Holistic Yoga & Wellness Practitioner

Date: 3rd Dec 2025 (Wednesday)
Time-12:30PM.
Venue: Room No, 409



Some Glimpses of Yoga Workshop



Celebration of Women's Day on 9th March 2026





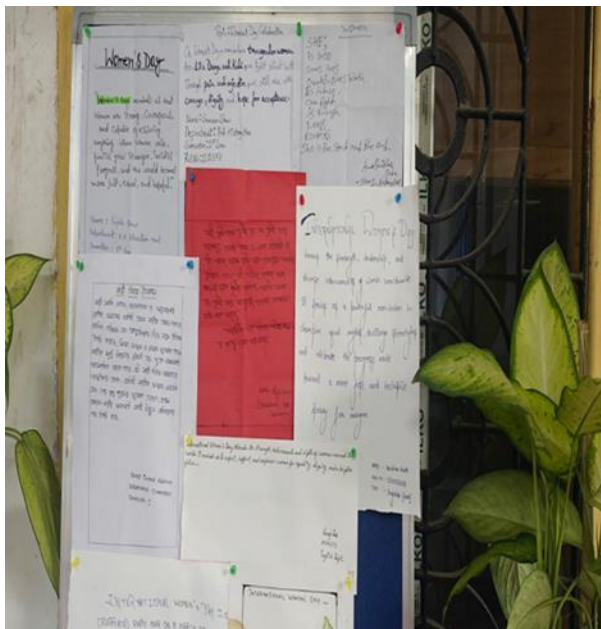
Felicitating women petrol pump workers, Alipore Petrol Pump, Kolkata on 6th March, 2026



Inter-college Poster Making Competition on the theme "Hues of Female Identity", 9th March, 2026



Guests of the day- Prof Sanjukta Dasgupta and Prof Aparna Bandyopadhyay with Principal, Dr Jaydeep Sarangi, in the inaugural session.



Display of messages on Women's Day the by students.



Felicitation of female security guards of College by our Guests